

Vermont Mental Health Performance Indicator Project
Agency of Human Services, Department of Health, Division of Mental Health
Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Stephen Morabito

DATE: November 26, 2004

RE: Participation in Treatment Planning

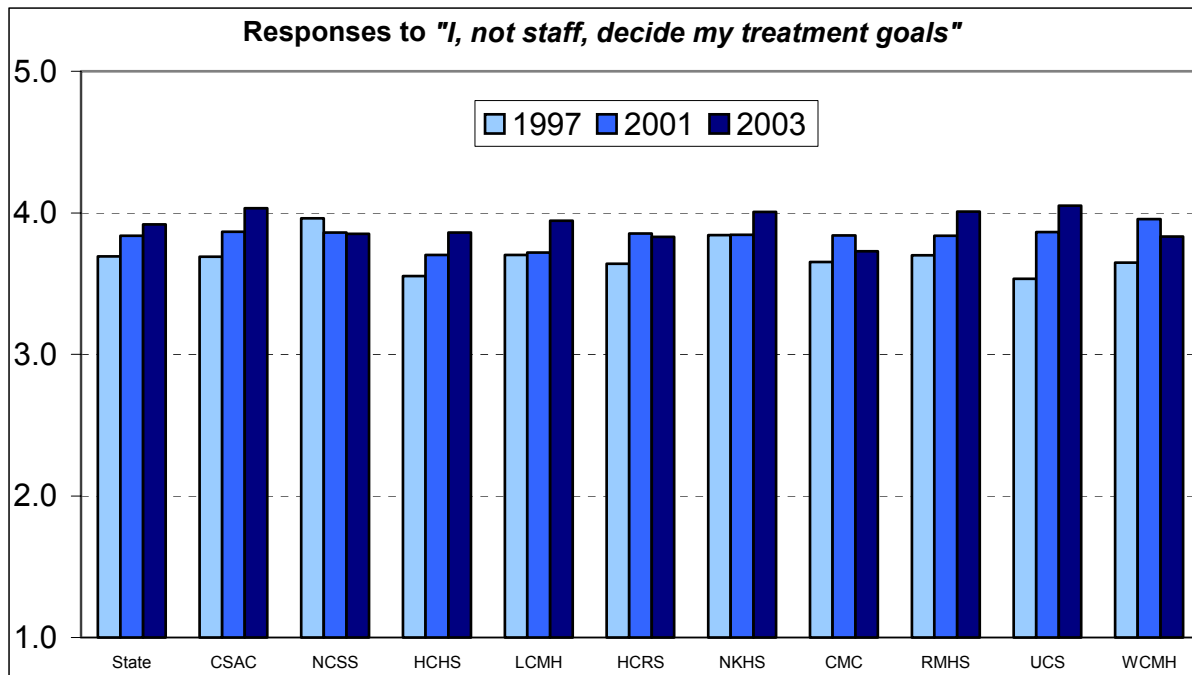
About 3 years ago, we distributed a PIP report on change between 1997 and 2001 in self-reported involvement in treatment planning for individuals served by Vermont's Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness¹. Participation in treatment planning, as measured by the questionnaire item "*I, not staff, decide my treatment goals.*" had the lowest level of agreement of any item on the 1997 questionnaire and was identified as an area of concern by program managers. Subsequent to the survey, the Adult Mental Health Division of the state mental health authority developed and propagated new statewide guidelines for clinical records that were designed to encourage increased consumer participation in treatment planning, and followed up with a statewide training effort. The report, which had been presented at the 2001 National Conference on Mental Health Statistics, indicated there had been a statistically significant increase in participation in treatment planning.

This week's PIP continues this line of inquiry by comparing the earlier findings to responses to the same question on the 2003 CRT consumer survey. As you will see from the attached graph and table, the earlier increase in self reported participation in treatment planning has continued at the statewide level. Our current analysis indicates that there was a statistically significant increase in self-reported participation in treatment planning between 1997 and 2003 at the statewide level and at seven of Vermont's ten community programs. None of the community programs experienced a statistically significant decrease in self-reported participation in treatment planning.

We look forward to your comments and your suggestions for further analyses of these data at pip@vdh.state.vt.us or 802-241-2638.

¹ Pandiani and Bramley (August 17, 2001) Consumer Participation in Treatment Planning. VT PIP. <http://www.ddmhs.state.vt.us/docs/pips/2001/pip081701.pdf>

Community Rehabilitation and Treatment Consumer Ratings of Participation in Treatment Planning: 1997, 2001, and 2003



Region - CLINIC	Average Rating			Statistical Significance*		
	1997	2001	2003	1997-2001	2001-2003	1997-2003
Statewide	3.7	3.8	3.9	*	*	*
Addison - CSAC	3.7	3.9	4.0			*
Northwest - NCSS	4.0	3.9	3.9			
Chittenden - HCHS	3.6	3.7	3.9			*
Lamoille - LCMH	3.7	3.7	3.9			
Southeast - HCRS	3.6	3.9	3.8	*		*
Northeast - NKHS	3.8	3.8	4.0		*	*
Orange - CMC	3.7	3.8	3.7			
Rutland - RMHS	3.7	3.8	4.0			*
Bennington - UCS	3.5	3.9	4.1	*		*
Washington - WCMH	3.6	4.0	3.8	*		*

Data was analyzed using finite population correction (Cochran, 1968).

*Significant differences at the .05 level.

A rating of '5' indicates that a consumer strongly agreed with the statement; a rating of '1' indicates that a consumer strongly disagreed with the statement.